
Platteville School District Wellness Policy

Nutrition and physical activity influence a child's development, health status, well being and potential for learning. Students who practice good nutrition attend school with minds and bodies ready to take advantage of their learning environment. The Platteville School District encourages all members of the school community to help create an environment that supports healthy, lifelong habits and develop school programming that reflects and encourages positive nutritional choices.

To promote the health and well being of all students, the Platteville School District Board of Education shall:

1. Engage students, parents, teachers, food service personnel, health professionals, school board members and other interested community members in developing, implementing, monitoring and reviewing school district nutrition and physical activity policies.
2. Ensure that foods and beverages sold or served at school meet the nutrition recommendations of the U.S. Dietary Guidelines for Americans.
3. Provide affordable, nutritional and appealing school lunch and breakfast programs that meet or exceed both state and USDA guidelines and prohibit other food and beverage sales to students that are in direct conflict with the federal school meal programs.
4. Prohibit the sale of food, candy and beverages with minimal nutritional value, as defined by federal dietary guidelines, to students until the end of the school day.
5. Equip all students with the knowledge and skills necessary to make nutritious food and activity choices for a lifetime and promote nutrition education and physical activity throughout the school environment.
6. Ensure that all students have the opportunity, support and encouragement to be physically active on a regular basis.

Created: July 28, 2003

Revised First Reading: June 12, 2006

Revised Second Reading: July 24, 2006

School District of Platteville
Platteville, Wisconsin